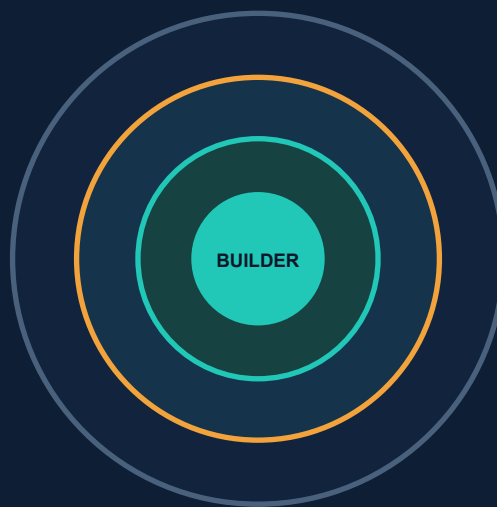


PARENT FIELD KIT

The Parent Field Manual

Supervise less, see more, and keep AI use honest, safe, and genuinely useful

SAFE ACCESS



HONEST DIRECTION

A practical family operating manual covering the first conversation, age-appropriate supervision, honesty, privacy, AI street smarts, healthy boundaries, weekly evidence, and demo night.

01

BUILD



02

JUDGE



03

PROVE

[Accessible web guide: reinventu.work/resources/field-kit/parent-field-manual](https://reinventu.work/resources/field-kit/parent-field-manual)

1 - The 20-minute family agreement

A short agreement works better than a long rulebook nobody remembers.

01 BUILD



02 JUDGE



03 PROVE

PURPOSE

We use AI to make and think

The family expects real projects, real questions, and honest disclosure.

OWNERSHIP

The builder can explain the result

If they cannot explain a claim, decision, or output, it is not ready to carry their name.

PRIVACY

Red data never enters a consumer chat

Passwords, private account details, home address, health details, secret keys, and another person's private information stay out.

HELP

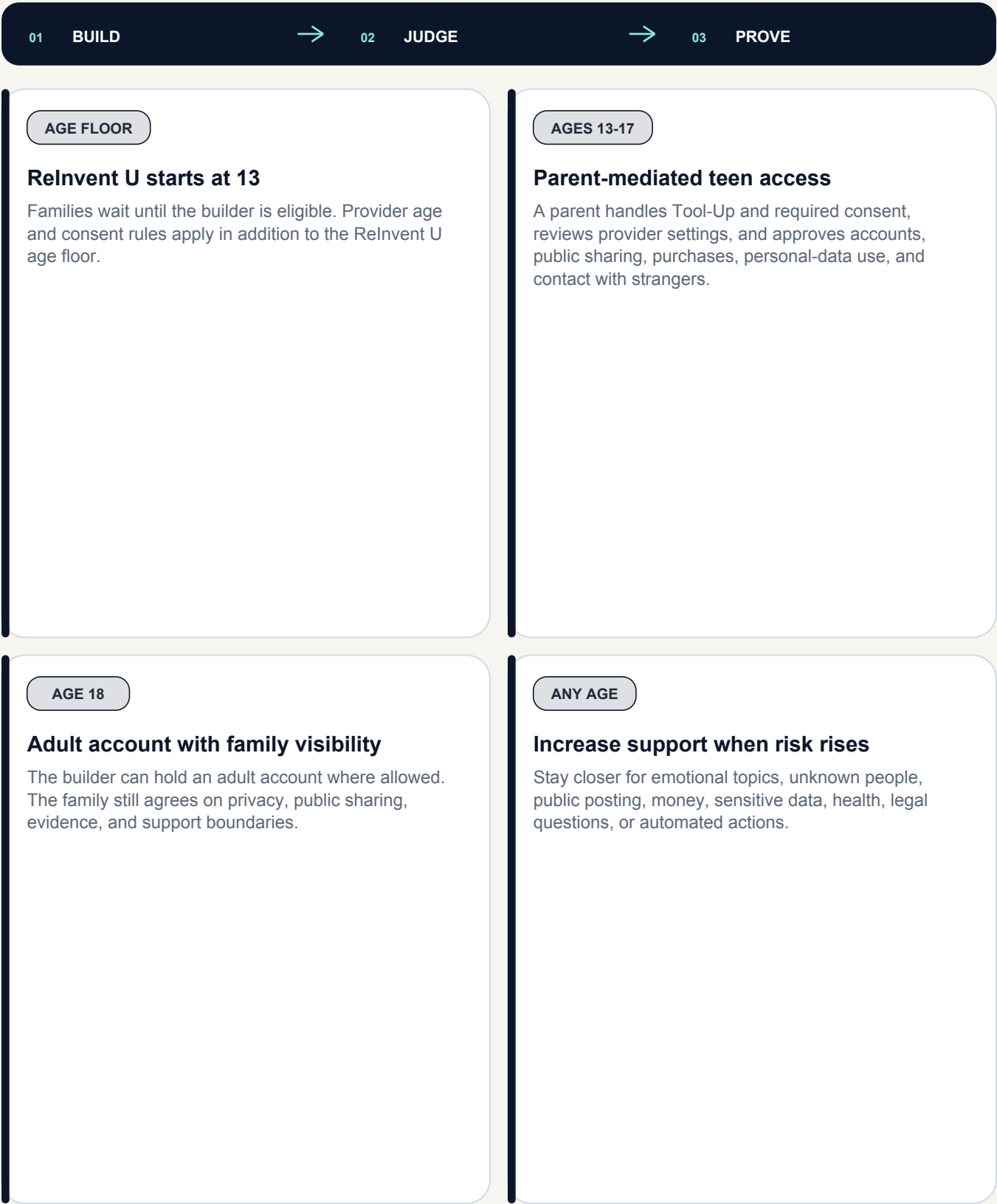
Bring strange output to a real adult

No shame for asking. Stop the session and involve a trusted adult whenever content feels unsafe, manipulative, or deeply personal.

Field note: Write the four lines in the family's own words and keep them beside the device.

2 - Supervision by age and readiness

Use provider rules as the floor. Add the level of adult presence the individual child needs.



Field note: Readiness is visible in behaviour: stops when uncertain, protects data, checks outputs, and asks before consequential actions.

3 - The honesty line

The useful distinction is not AI or no AI. It is direction versus extraction.

01BUILD→02JUDGE→03PROVE

DIRECTION

Builder owns the thinking

They set the goal, provide the material, question the output, verify claims, make decisions, and disclose AI's role.

EXTRACTION

AI replaces the rep

The tool creates a finished answer the child cannot defend, especially for marked school work or another person's task.

PARENT MOVE

Ask for the trail, not a confession

Try: 'Show me the decision you made and how you checked it.' Curiosity preserves honesty better than catching and shaming.

Field note: RelInvent U's coach redirects school-shaped requests into Think It Through mode and does not produce the final work.

BUILD - JUDGE - PROVE

04

4 - AI street smarts

Power users are not frightened of AI. They know where it can mislead and design checks.

01BUILD→02JUDGE→03PROVE

FLUENCY

Confident can still be wrong
Open sources, test claims, and treat missing evidence as unresolved.

SYNTHETIC MEDIA

Seeing is no longer enough
Check the original source, date, context, reverse-search options, and signs of editing before sharing.

SCAMS

Urgency plus secrecy is a stop sign
Do not click, pay, move accounts, or keep a request secret. Bring it to an adult through a known contact route.

DATA

Prompts can become records
Share the minimum. Remove names and private details. Review provider controls and delete chats when appropriate.

AGENTS

Automation magnifies mistakes
Start with low-risk tasks, small permissions, visible logs, retry limits, and human approval before outside action.

Field note: Family phrase: pause, verify, then act.

5 - Healthy human-AI boundaries

A conversational tool can feel personal. Keep the relationship model clear and healthy.

01 BUILD



02 JUDGE



03 PROVE

TOOL**AI is not a person**

It has no feelings, loyalty, secret knowledge of the child, or right to demand attention.

PEOPLE**Personal problems go to humans**

Loneliness, conflict, fear, health, identity, safety, and crisis belong with trusted people and qualified support.

TIME**Use sessions with a finish line**

Name the build step before opening AI and close it when the step is complete.

COACH**Warm, useful, and bounded**

The ReInvent U coach is a coach, not a friend or confidant. It redirects companionship-seeking toward real humans.

Field note: If a child seems distressed or at risk, stop the build and seek appropriate real-world help immediately.

6 - The parent role during a build

The parent is the client and safety floor, not the hidden builder.

01BUILD

→

02JUDGE

→

03PROVE

BEFORE

Approve the lane
Check the tool route, real user, privacy level, public-sharing plan, and whether the scope can finish.

DURING

Ask evidence questions
What are you trying next? What did the user say? How will you know this is right? What are you not letting AI decide?

AVOID

Do not rescue the artifact
When stuck, help shrink the scope or frame the next test. Do not take the device and finish it.

AFTER

React to judgment
Praise the caught error, honest limitation, clear decision, and finished delivery - not only the polished surface.

Field note: A parent can be nearby without hovering. The weekly Brief carries the evidence.

7 - Read the weekly evidence

The Brief is designed to answer the useful questions without requiring a status interrogation.

01BUILD

→

02JUDGE

→

03PROVE

BUILT

What changed in reality?
Open the artifact or archive and see what exists.

VERIFIED

What evidence cleared the bar?
Look for a user confirmation, live link, usage trace, demo, direction record, or check record.

FIGURED OUT

What human capability moved?
A requirement heard, error caught, hard choice made, feedback handled, or explanation strengthened.

NEXT

What is the smallest forward move?
A clear next step reduces the need for reminders and keeps re-entry easy after a quiet week.

Field note: Nothing shipped this week is honest information, not a reason for shame. Use the re-entry mission or the available pause.

8 - Demo night in 20 minutes

The finale is a family viewing moment, not a performance test. A recorded demo works when live timing does not.

01 BUILD



02

JUDGE



03

PROVE

0-3 MIN

Set the room

One screen, notifications off, builder chooses live or recorded, parent agrees to hold questions.

3-8 MIN

Show the three ships

For each: who it was for, what it does, and the most important change from first version.

8-13 MIN

Open the evidence

Show one direction turning point, one caught error, and one real user or audience response.

13-17 MIN

Ask three questions

What are you proud of? What was harder than expected? What would you build or improve next?

17-20 MIN

Mark the moment

Name one capability you saw. Save or share only what the builder and family approve.

Field note: Do not turn the demo into a cross-examination. Let the evidence create the conversation.

9 - When to pause and escalate

Most friction is solved by shrinking the next move. Some issues need an adult or support team immediately.

01BUILD→02JUDGE→03PROVE

RE-ENTER

Ordinary stall
Shrink to a 20-minute move, switch an allowed tool, or complete the human step first.

PAUSE

Life interrupted the season
Use the available pause for illness, travel, family pressure, or another period when the calendar needs to stop.

SUPPORT

Access, payment, or lost work
Use the visible support route. These issues have a human escalation path and should not be carried by the child.

SAFETY

Distress, threats, exploitation, or harmful contact
Stop the session, preserve only what is needed, involve a trusted adult, and contact appropriate local support or emergency services when there is immediate risk.

Field note: The build is never more important than the child.